



UGANDAN MENU

STARTERS

Samosas
Tomato soup



PROTIENS

Beef Stew
Fried Beef
Meat Balls in gravy
Smoked Beef stew in G-nut Sauce
Fish Stew
Fish Fried
Goats Meat Stew
Goats Meat Grilled
Chicken Stew
Chicken Grilled
Chicken Curry
Pork Chops - roasted
Sausages
Liver Fried
Tripe (Ebyenda)
Beans
Groundnut Sauce
Gravy



CARBOHYDRATES

Matooke
Irish potatoes - Boiled
Fried Irish Potatoes
Sweet potatoes
Posho (Mealie meal)
Cassava - Yam
Rice - Steamed
Pilau Rice

CARBOHYDRATES Continued

Vegetable Fried Rice
Spaghetti
Gonja – Plantain (Fried or Steamed)
Lentils
Pumpkin
Ugali - Millet
Chapatti



VEGETABLES

Peas
Cabbage
Bugga (red leave cabbage)
Dodo
Nakati / Bugora
Sukuma Wiki
Spinach & onions
Egg Plant/Entula
Carrots
French Beans
Courgettes
Green pepper
Kachumbari
Fresh Tomatoes / Avocado



FRUITS

Fruit salad
Fruits slices - in season

Matunda – Passion juice

Price subject to numbers and location.

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